

Carlisle Canoe Club Risk Assessment

Date:	6 th April 2023
--------------	----------------------------

Assessor's Name:	John McAllister	Review Date:	February 2024
-------------------------	-----------------	---------------------	---------------

Description of Assessment:	The Sands Centre changing room and kit Storage– Sands employees, Public, Club Members & Coaching Staff
-----------------------------------	--

Location Details:	The Sands Centre Carlisle CA1 1JQ. What 3 Words: ///vocal.zone/jets
--------------------------	---

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Slips and trips	Sands Employees Public Club Members Coaching staff - May be injured	Ares are well lit. Signage used during cleaning and maintenance. Equipment and boats to be kept tidy.	Inform new members.	Sands Duty Manager Proudy	Risk assessment given to members prior to attending a session.	19/02/22
Kit mishaps	Public Club Members Coaching staff - May be injured	Members are shown correct stacking, lifting and handling of the kit & boats. Where possible lift and carry awkward items in pairs. Door to be kept clear of boats and equipment.	Inform new members.	Proudy	Risk assessment given to members prior to attending a session.	19/02/22
Lifting boats in to and out of building from storage Bays	Club Members Coaching staff - Injury to feet - Back injury - Trapped fingers - Head injury	Members are shown correct lifting and handling of the boat, where possible lift and carry in pairs. Members to check bungs and empty boats of excess water. Chains & ropes are used to secure boats.	Inform new members.	Norrie Brown	Risk assessment given to members prior to attending a session. Techniques shown to members when they join session.	19/02/22 Ongoing

Carlisle Canoe Club Risk Assessment

Emptying water out of boats	Club Members Coaching staff - Strain injury - Back injury	Members are shown correct techniques for handling a boat that is flooded. Where possible lifting to be done in pairs. Members to check air bags and bungs prior to using boats.	Inform new members.	Jim Winterton	Risk assessment given to members prior to attending a session. Techniques shown to members when they join session.	19/02/22 Ongoing
Moving kit at heights	Club Members Coaching staff - Strain injury - Back injury - Head injury	Secure ladder with rope and have a second person at the foot of the ladder. Do not over reach while on ladder. Limit any persons under kit that is been moved.	Inform new members	Proudy	Risk assessment given to members prior to attending a session. Techniques shown to members when they join session.	19/02/22
First Aid	Public Club Members Coaching staff - May be injured	First Aid kit stored in the green filing cabinet in the kit area.	Inform new members	Proudy	Risk assessment given to members prior to attending a session.	19/02/22
Fire	Sands Employees Public Club Members Coaching staff - May be injured	Automatic fire detection system. Evacuation plan signage.	Inform new members	John McAllister	Risk assessment given to members prior to attending a session.	19/02/22
Safeguarding Failure	Public Club Members Coaching staff	Compliance with British Canoeing Safeguarding policies and procedures.	Inform new members	Ben McAllister		19/02/22

Notes:

British canoeing:- <https://www.britishcanoeing.org.uk/guidance-resources/safeguarding>